

Discover SKILLS DISCOVER Sounds

Supporting skills and achievement
through live music

WRITTEN AND DEvised BY

Jeremy Clack

ENCÔRE
publications

Encore Publications
Juglans House
Brenchley Road
Matfield
Kent TN12 7DT, UK

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Introduction

Learning a musical instrument presents a huge opportunity. It is widely recognised that young people who learn a musical instrument perform better academically and develop other skills that cannot always be learnt in the classroom. Music is an emotional language. It changes the way we feel and our outlook on life. Making music has the ability to transform us for the better, both individually and as a community.

Music is non-verbal and as a result develops skills in emotional literacy, problem solving and self-confidence. Success can be achieved through music making in a variety of ways. Discover Skills, Discover Sounds provides a framework for students to advance their personal and musical development in three core areas:

- Leadership
- Musicianship
- Teamwork

Whether it is a solo performance, arriving at a rehearsal on time or simply encouraging a beginner, these are achievements that deserve recognition and prove that music making is for everybody.

This book is intended to help move a student's playing to the next stage. It can be used in conjunction with work for exams or the Wider Opportunities scheme, as well as the Skills section of The Duke of Edinburgh's Award, where young people complete a programme of activities, develop skills and collect evidence to demonstrate progress.

Tips for students

- Take an instrument and some music to your lessons
- Keep this book in your instrument case
- Practice a little every day

Leadership

Leadership skills are vital to developing as a musician. Making music with others can only happen successfully when people take a positive lead. To become a strong leader you need to demonstrate that you have achieved the five criteria below.

1. Setting a good example

Date: / /

2. Punctuality

Date: / /

3. Organisation

Date: / /

4. Positive attitude

Date: / /

5. Encouraging others

Date: / /

Teacher's signature _____